



THE RINK - JULY 2025

The President speaks

The season is in full swing with enough opportunities to bowl and socialise to keep everyone happy (I hope!). The green has been especially busy when there is a combination of ties and league games being played at the same time - just remember to include enough rinks in the draw for your ties when this is the case (including rinks 1 and or 7 when required). It is also pleasing to see our green and its surroundings in such good shape - a massive thanks to the team who put in so much effort to make this so.

It was great to see a healthy turnout for our "Chippie Social" ("healthy" and "chippie" in the same sentence might be an oxymoron 😊). Everyone seemed to enjoy what is always a popular event. Our next social event takes place on 19th July - we have had a good response so far however have space for more so sign up if you can to help make this a successful and memorable occasion.

It is encouraging to see newer members out on the green and at our socials. I have no doubt you are being made to feel welcome, such is the friendly nature of our Club. I also look forward to our new members event on the evening of 1st July which always seems to go down well.

Meanwhile, the pace of the season continues and I can only once again thank everyone for supporting the club - it can be non-stop but I also hope we are all doing the hard graft because we (somewhat at least) enjoy it! To that end, a number of Office Bearers have given notice that they will stand down at the 2026 AGM. When the time comes they will be duly thanked for their amazing support - meantime, we need to identify members to step into these roles and shadow for a period. The Club simply cannot function without these important roles being filled and I would urge those who can offer their support to contact me directly in the first instance. We can then discuss the wonderful opportunities that are on offer.

Enjoy what will be a busy July including the Ladies Championship Final, the next rounds of a large number of internal competitions and the continuation (hopefully to Club success) of external leagues and knockouts.

Gary Wood, President.

News

As members will be aware we held our Charity Day on 18th June and are delighted to say that over £630 has been raised for Libby's nominated Charity, the Macular Society. Thanks to all who donated and also to those who helped on the day.

We are due to play Maitland (away) for the Councillor's Cup on Saturday 12th July. Please put your name down on the sign-up sheet in the Clubhouse as soon as possible if you wish to be considered for the game.

The Ladies' Championship Final will take place on Wednesday 16th July, commencing at 2pm. The game will be followed by Strawberries and Fizz. All members are very welcome.

As Gary has mentioned, our next Social is on Saturday 19th July. The main objective is to have a fun day whilst also raising some funds for the Club. The day will start at 4pm with some seriously unserious bowling! At 6pm, the festivities will move to the Clubhouse, when fizz will be served, followed by a buffet meal, music and other jollification. The sign-up sheet is in the Clubhouse or let us know by email if you wish to attend.

Finally, there have been a couple of occasions in the last 2 weeks when the lounge alarm has been triggered because the lounge door has been locked whilst someone was still in the kitchen. So please ensure no one is still in the lounge before locking the door. There have also been instances in the past of ladies being locked in the ladies' changing room and again we would ask you to make sure there is no one in the ladies' toilets before the changing room door is locked!

Sponsorship Update

A message from our Sponsor, Cameron Optometry -

"Cameron Optometry is delighted to continue its support of Blackhall Bowling Club. Many of the members are familiar faces at the practice, and the optometrists always enjoy hearing how the season is progressing."

You will find information regarding their specialist clinics and services that might be helpful to you or someone in your family at the end of the newsletter.

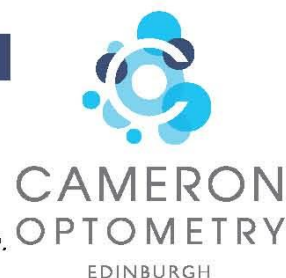
Upcoming Dates –July

- Tuesday 1st July (14.00) – Ladies Friendly v Dudley.
- Tuesday 1st July (18.00) – New Members Welcome Event.
- Wednesday 2nd July (14.00) – Hat afternoon (weekly – except Wednesday 16th July – see below). Players, please sign in no later than 13.45.
- Thursday 3rd July (14.00) - EWBA Officials and Past President's Game. Please note the EWBA will have courtesy of the green from 1.45 pm until 4.30pm
- Friday 4th July (14.00) – Ladies' Forth League Match v Dudley.

- Saturdays 5th and 26th July (10.00-12noon) – Coaching. (Please note there will be no coaching on 12th and 19th July – but the green will be open for play. Please do feel free to come down for a roll up)
- Monday 7th July - Hat night – (weekly) – please check the Club noticeboard or Website for varying start times throughout the season – presently 18.30.
- Tuesdays 8th July and 22nd July (13.45) – Gent's Seniors League Matches v Trinity and Tanfield respectively.
- Monday 14th July (14.00) – Ladies' Heather League Match
- Wednesday 16th July (14.00) – Ladies' Championship Final, followed by strawberries and fizz. All are welcome.
- Wednesday 16th July 16th and 23rd July (18.30) – Gent's 1st 16 League Matches v Liberton and Luton Place respectively.
- Thursdays 17th and 31st July (13.30) – Gent's Senior League Matches v Maitland and Trinity respectively.
- Saturday 19th July (16.00) – Fundraiser Social

Eye Care for the Whole Family

In addition to our comprehensive eye care, eye examinations, contact lenses and stylish eyewear, we have a number of specialist clinics you may not be familiar with.



Children's Clinics: A clearer future for young eyes

We also run several specialist children's clinics, where our optometrists have advanced training in paediatric eye care. Our Myopia Management Clinic, the first of its kind in Edinburgh, has been helping slow, and in some cases, halt, the progression of short-sightedness in children for over a decade. While another area where we've seen remarkable success is our Visual Stress Clinic. This service is designed to support children who find reading challenging. After treatment, we've seen children regain confidence, thrive in the classroom, and rediscover the joy of school.

We hope you enjoy a successful and sunny season on the green. Don't forget your sunglasses!

Dry Eye: When every blink feels like a battle

As we age, it's not uncommon to experience dryness, irritation, or discomfort in the eyes, even if we've never had problems before. At The Tear Clinic at Cameron Optometry, we specialise in treating dry eye (also known as ocular surface disease) using a tailored approach supported by cutting-edge technology. Our team of expert optometrists, highly experienced and equipped with tools such as low-level light therapy, have helped patients to find long-awaited relief.

Coming soon:

We are very pleased to announce that we will soon launch a revolutionary treatment for those with age-related macular degeneration (AMD). Please email us to register your interest and we will send you information as soon as it launches.

Cameron Optometry's areas of expertise include:
AMD Therapy | Cataract | Glaucoma | Dry Eye | Blepharitis |
Ageing Eyes | Low Vision | Visual Stress | Vision Therapy | Myopia
Management | Night Lenses | Audiology

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